

COVID 19 MANUAL FOR SCHOOL OPENING

VERSION 12 - FOR STAFF, STUDENTS AND PARENTS

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EXETER MATHEMATICS SCHOOL | LAST UPDATED 03 SEPTEMBER 2021

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Updates since the last version

Sections Removed:

Lots of sections gone – too many to mention.

Sections Amended or Added:

1. Face masks – amended guidance to always wear them in indoor communal areas
2. Meetings and events – NEW SECTION
3. Room use and layouts – added information about teachers being based in classrooms
4. ANNEX A – amended to reflect latest guidance on when to contact the DfE and LHP teams

Introduction

This guidance has been greatly slimmed down from previous versions. We are at a stage where the country is opening up and movement is unrestricted and our approach to managing COVID in school reflects the cautious optimism that vaccination has provided.

We will continue to have systems in place to minimise the likelihood of transmission in school whilst removing some of the constraints that were necessary last year, particularly those that had the most negative impact on teaching and learning. For example, teachers will no longer be required to stay 2m away from students – so we'll be back to peering over your shoulder and interacting with you individually in lessons.

Please read the whole of this guidance – it would be good to refresh your mind on the existing systems as well as noting what has changed.

Arrival and Departure

When you enter or leave the school, please sanitise your hands, using the dispensers that are located by the back door or in reception. For hand sanitiser to be effective, you must saturate your hands, so do make sure you fully press down on the dispenser and take a substantial amount of sanitiser.

Our one-way system (more information later) will only be in operation in break and lunchtimes, when the corridors are most busy. If you arrive just before a lesson is about to start, you should use the one-way system, entering via reception. At all other times, you should enter by the back door.

For the first two weeks of term, Tor and Helen (on reception) would love for year 12 use the front door no matter when you arrive, so that they can get to know you.

Attendance

All students are expected to attend school if they are well and have not been required to isolate. **Appendix F** outlines when you should stay away from school for COVID-19 related reasons.

If students are required to self-isolate, we will record their absence as “attendance not required” which is the same code we use for lessons that they are not timetabled for. This means that such absences will not blemish students’ attendance record. Likewise, staff absence due to COVID-19 symptoms will not be recorded for future references.

If you are well, we will expect you to continue to engage in lessons and work remotely until such time as you can return to school.

If you are unable to attend, please let us know in advance by email (enquiries@exeterms.ac.uk) because this will save members of staff chasing you for non-attendance.

Boarding Guidance

Students staying overnight at Molly Hayes must carefully read the information set out in **appendix G** regarding arrangements for residential provision.

Clothing

The windows and internal doors need to remain open even in colder weather. We therefore recommend that you bring layers of clothing to enable you to stay warm, particularly if you are sat near to a window or in a draft. Fingerless gloves and bobble hats are highly recommended in the cooler part of the year.

Courtyard

You are welcome to use the courtyard space to get some fresh air whilst remaining on site.

We have a limited supply of table tennis balls and also some out-door bats. Please take care of them and return them to their slots in the table when not in use. If you want fancy bats and balls, you are welcome to bring your own in to use.

Please sanitise your hands before touching the shared facilities (table tennis bats, balls, tables and chairs). There are hand sanitiser dispensers in the courtyard.

COVID (19) Symptoms – at home

The main symptoms of coronavirus are:

- a high temperature – this means you feel hot to the touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this is defined as coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

APPENDIX F summarises what to do if you, a member of your support bubble or another you have had close contact with have symptoms. If in doubt, get in touch with us and stay home.

More detailed guidance is available here: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Information about who is entitled to a test and how to obtain one can be found here:: <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-for-coronavirus/ask-for-a-test-to-check-if-you-have-coronavirus/>.

COVID (19) Symptoms – in school

If someone shows symptoms whilst in school, they will be isolated in Nightingale and their family contacted to collect them from school. If they are unwell enough to require assistance, the member of staff helping them must wear full PPE. The full procedure can be seen in Appendix A.

We will report any instances of COVID (19) occurring in school using the [Educational setting status form](#) and then follow the directions we are given by the health authority.

Equipment

Spare paper, pens, calculators and other equipment will not be readily available. Students should bring their own resources to school which they should not share. 16 -19 bursary funding is available to those who are unable to afford this. Members of staff will be provided with their own bank of resources, including board pens, which they should keep for their own use only.

Some equipment will need to be shared by members of staff. In particular, the telephone in Einstein and the computers and white boards in Fermat-Wiles. Sanitising wipes will be provided next to these resources and all members of staff must thoroughly wipe the shared surfaces before and after use. These include, but are not limited to:

- Interactive whiteboard pens and eraser
- Classroom keyboard and mouse
- Telephone handset
- Whiteboard (if touched)

Teachers may need to share worksheets with students. Wherever possible this will be done electronically. For those who are unable to access work this way, we will provide printed copies.

The school laptops and computers in Tutte may be used by several students over the course of one day. Students are welcome to bring their own laptop into school should they wish to avoid this.

Whilst using shared equipment, students and members of staff should take care not to touch their face. They should thoroughly wash their hands before and after use. Sanitiser wipes should be used on keyboards (including laptop keyboards) and mice prior to use.

In classrooms, we recommend that you wipe down table tops prior to use if you are not the first person using the table that day.

Exeter College

Exeter College's "stay safe" guidance is regularly updated and can be found here:

<https://exe-coll.ac.uk/coronavirus-guidance-news/>

Face Masks

We ask that you wear a face mask when moving about corridors or in inside communal areas other than classrooms. This is in line with guidance from the local authority due to the high prevalence of COVID in Devon and Cornwall. This advice will be reviewed before the end of September

Face masks are optional when in classrooms or for staff when based at their fixed desk. You may also remove your mask when you are outside in the courtyard.

The World Health Organisation advises that a single mask can be used repeatedly throughout the day, provided it is not dirty, damaged or wet, you have not touched the fabric and it is sealed in a bag between uses. It also advises that three-layer masks create the most effective barrier. Finally, it is important that wearers wash their hands prior to putting a mask on and after they have removed it; they should avoid touching their face whilst wearing the mask.

You therefore need to have on your person:

- A resealable plastic bag for storing your mask when not in use (unless you dispose of each mask after one use)
- At least one three-layer mask (but we recommend you have spares)
- A small, personal pot of hand sanitiser for cleaning hands prior to putting on your mask and after removing it
- Watch the video (cartoon) "how to wear a fabric mask safely":
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>

It is likely that you will be wearing a face mask on your journey into school if you are using public transport. You may continue to wear that mask once you arrive at school provided it is not damaged, wet or soiled. It is important that once you remove it you either dispose of it or store it in a sealed container or bag to take home to be washed. If your mask is not visibly damaged, soiled or wet, it is your personal decision as to whether you re-wear it throughout the day or change it for a new mask.

When	What you MUST do	What you must NOT do
Putting the mask on	Clean your hands before putting your mask on	
	Inspect the mask before putting it on	Use if it is damaged, dirty or wet

	Cover your mouth nose and chin and adjust it to fit your face	Have gaps on the sides between the mask and your face
Removing the mask	Clean your hands before removing the mask	Touch the mask whilst wearing it
	Remove the mask by the side straps	Touch the front of the mask
	Pull the mask away from your face as you remove it	Hold the mask near to your face
	Clean your hands after removing the mask	Share your mask with others
Reusing the mask	If you intend to reuse the mask, store it in a clean, resealable bag. If you do not intend to reuse the mask, put it in the bin immediately	Put the mask in a pocket or leave it out on the side for later use.
	When reusing, remove the mask from the bag, using the straps	Touch the fabric of the mask or use it if dirty, damaged or wet
	Wash reusable masks in soap and hot water at least once a day	Wear the same mask for more than one day without washing it

The school has installed sanitiser stations in classrooms and work bases to support the cleaning of hands when putting on and removing masks. We do, however, ask that each student carries their own supply of sanitiser; this is to prevent congestion and close contact when all members of a class need to use the sanitiser at the same time, particularly at the beginning and end of lessons.

We have provided re-useable masks for members of staff.

You may be interested to read this report on the efficacy of facemasks:

<https://royalsociety.org/-/media/policy/projects/set-c/set-c-facemasks.pdf?la=en-GB&hash=A22A87CB28F7D6AD9BD93BBCBFC2BB24>

Feeling Unwell

It may be that you do not have core COVID symptoms but nevertheless feel unwell with cold or flu like symptoms. If this is the case, we ask that you stay at home rather than come in to school – be a little more cautious that you were prior to COVID.

Students will be able to keep up with their lessons, joining remotely via Teams and accessing all resources via OneNote. This will minimise the disruptions caused by being absent whilst protecting friends and colleagues.

Food and Drink

To reduce the likelihood of cross-contamination we need to restrict the use of kitchen area. We do, however, consider that some limited access to shared kitchen resources is manageable, providing all users follow these guidelines.

We recommend that you bring a flask for hot drinks and a water bottle for cold drinks. Water coolers are available throughout the building.

Student kitchen

The following shared resources will be available to you:

- Fridge – storing food from home for one day at a time

- Microwave – reheat food from home
- Hydroboil – instant hot water for drinks

You must wash your hands before and after using any of the above resources.

You must remove your items from the fridge at the end of each day (the fridge contents will be thrown away each evening as part of our enhanced cleaning)

You must bring to school and take home with you all cutlery or crockery needed for your lunch and drinks – there will not be storage available for your cups or food items and you will need to take all your washing up home with you. The sink will have running water which can be used for a quick rinse but otherwise should not be used – there are no shared washing up facilities.

Staff Kitchen – outreach office

The following shared resources will be available to you:

- Fridge – storing food from home for one day at a time
- Microwave – reheat food from home
- Hydroboil – instance hot water for drinks
- Dishwasher – for cleaning shared resources

You must wash your hands before and after using any of the above resources.

You must remove your items from the fridge at the end of each day (the fridge contents, other than milk, will be thrown away each evening as part of our enhanced cleaning).

The dishwasher will be emptied each morning by the member of staff opening the building. All used teaspoons, plates, cups etc. must be placed in the dishwasher during the day. The member of staff locking up the building will put the dishwasher on before leaving. The sink must not be used for washing up shared resources.

Meeting room kitchen – Johnson

This should not be used by staff or students but kept clean and clear for use during meetings. If refreshments are provided in a meeting, all the washing-up should be transported to the top floor to be cleaned in the dishwasher. The person organising the meeting must return items to Johnson after cleaning.

Meeting room kitchen – Johnson

When planning any events or booking face-to-face meetings, the organiser must have a contingency plan in place in case COVID risks are such that it needs to be cancelled, postponed or changed on online.

At the time of booking meetings or publishing events, participants must be warned of the potential to have the format changed or the event cancelled. They must be made aware of how they will be informed about such a change.

Handwashing

Handwashing is a key defence against spreading the virus to one another.

Times when you MUST wash your hands
<ul style="list-style-type: none"> • Whenever you arrive at or leave the building • In between lessons

- Prior to and after using shared resources (including computers, kitchens, toilets, the lift)
- After you have coughed or sneezed
- Before and after you have eaten food

When washing your hands, follow these five steps every time.

1. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
4. Rinse your hands well under clean, running water.
5. Dry your hands using a clean towel or air dry them.

If you are unable to access soap and water, hand sanitizer is the next best option. You need to ensure the sanitizer has at least 60% alcohol content for it to be effective.

- Apply the gel product to the palm of one hand (read the label to learn the correct amount).
- Rub your hands together.
- Rub the gel over all the surfaces of your hands and fingers until your hands are dry. This should take around 20 seconds.

Further information on handwashing is available from the Centre for Disease Control:

<https://www.cdc.gov/handwashing/when-how-handwashing.html>

One Way System

Please pay attention to the signs in hallways, stairwells and corridors and the markings on the floors. A one-way system is in place to enable you to move safely around the building during times of peak movement. Please follow the one way system during lesson change overs, breaks and lunchtimes. The system does not need to be followed during lesson times or after school when there are fewer people in corridors.

If we need to evacuate the building in an emergency, the one-way system does not need to be followed.

Appendix C is a plan of the school showing the one-way system. Please familiarise yourself with it and come to the training session armed with questions, if you have any.

Remote learning

Information for parents regarding remote access to education either in the event of a full school closure or during a period of self-isolation is available on our website:

<https://www.exetermathematicsschool.ac.uk/parents-page/#newsletters>

We will update this and publish a copy of the latest version of this document in the same section of the parent-page of our website.

Room usage and layouts

The following table outlines how rooms are to be used to maintain social distancing and reduce the likelihood of infection through touching surfaces which have been used by others.

Although we will not have seating plans, rooms will be in a fixed layout, with desks facing forward. In rooms where this is not possible, Perspex screens will be placed between tables which face each other. If the tables at the front of the room are within 2m of the teacher, there will also be a Perspex screen in place.

Sanitiser wipes will be in each room for you to wipe the tabletop prior to use if you desire (all tabletops will be wiped at the end of each lesson).

Teachers will be able to move about the room in lessons but will restrict their time in close contact with an individual to less than 15 minutes in any given lesson.

To avoid teachers spending a lot of time in a single room together, they will each be based in a classroom and will only use Einstein if another lesson is taking place in their room. The list below outlines who is based in which classroom. We will review the need for teachers to stay apart when we receive updated guidance regarding the local level of risk.

Room	Note
Reception	Tor and Helen are the only people to use the main reception desk. If others have to be based on reception, they should use the second chair and computer but must wipe the keyboard, mouse and telephone before and after use. They must also wash their hands before and after use.
Hilbert	This is available for quiet study.
Einstein	Teacher work base for Liam, Will, Ed and Roger
Fermat	Teacher base for Aeran
Bell Burnell	Teacher base for Malcolm
Bose	This will be used for lessons. Although the door will be propped open throughout the day, students should not use this room unless supervised by a member of staff.
Johnson	This will be reserved for meetings. It can be booked via reception.
Wiles	Teacher base for Fiona
Kovalevskaya	Teacher base for Cathy
Descartes	Teacher base for Bethany
Poincare	Teacher base for Claire
Tutte	Teacher base for Melanie
1st floor store room	Outreach office
Brahmagupta	Teacher base for Stuart
Neumann	Teacher base for Nick
Pascal	Office base for Shirin, Charlotte and Grace. The sofa area is to be used by students who need a break from the busy school for a few minutes. If you need to see Shirin, Grace or Charlotte and the room already full, please message them on Teams and wait on the blue sofa on the landing. Please reserve this space for those who really need it; it should not be used for completing work or hanging out all day. Please wash your hands prior to and after sitting on the soft furnishings.

Plato	Office base for Joe and pastoral staff.
Outreach Office	The desk tops must be kept clear to allow for cleaning each day. These are shared desks for Sophie, Rebecca, Jane and Grace The kitchen area is for staff use only to quickly make drinks but must not be used for social gatherings to enable others to work undistracted.
HT office	Kerry's office
Finance Office	Tamsin and Nicola's office
Exams Room	This room is only to be used by Jo

Shower

If you use the shower, bring a container with you for storing your change of clothes, towels, shower gel and shampoo. They must not be left in the shower room at the end of each day. If you need the use of a locker to enable this, contact reception.

Testing at Home

Students, staff and family members are all encouraged to complete lateral flow tests twice a week. The school will provide these for students and staff; family members can collect tests from local test centres.

Once you have taken a lateral flow test you **must** report the test on to the NHS: [Report a COVID-19 rapid lateral flow test result - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/report-a-covid-19-rapid-lateral-flow-test-result)

Students and staff must also **report the test result to school** using the form which can be accessed from their Teams: EMS Admin Team and EMS Students Team.

- Testing is optional; taking the test is not a requirement for attending school
- **Symptomatic people must not attend school and must get tested through track and trace**
- Lateral flow tests will be used to provide a result within 30 minutes
- A positive result will lead to a normal (PCR) test being taken
- A negative test result does not guarantee being COVID-free and so other safety measures will need to remain in place.

Timetable

The school timetable has changed this year in line with the template below.

We expect this timetable to remain in place for the academic year and it will only need to be slightly adapted in the event of a partial lock down. It is our ambition to return to our former timetable with more interaction between year groups and time to socialise, as soon as it is safe to do so.

The school is open to students and staff from 0800 each day. Students are asked to leave by 1730 (staff 1800) from Monday to Thursday, and one hour earlier on a Friday. Students do not need to be in school when they are not timetabled for lessons.

		9.00					10.00					11.00					12.00					1.00					2.00					3.00					4.00				
		5 min slots																																							
MON DAY	EC	3					5					1					6					2					4														
	EMS 12						L2 1045 to 1110					L2 1110 to 1155					LUNCH					L4 1315 to 1400					L5 1405 to 1505					L6 1520 to 1545					L7 1345 to 1630				
	EMS 13											L3 1200 to 1245					LUNCH																								
TUES DAY	EC	2					4					6					1					5					3														
	EMS 12	L1					L2					L3					LUNCH					L4					L5					L6					L7				
	EMS 13	0900 to 1010					1025 to 1135					1145 to 1245					LUNCH					1315 to 1400					1405 to 1505					1520 to 1545					1345 to 1630				
WEDN SDAY	EC	5 Live					3 Live					4 Live					1 or 6 Live					2 Live					PDP 1-to-1s, enrichment, sport														
	EMS 12	L1					L2					L3					LUNCH/ L4 EC(2) online					L5 1410 to 1455					L6 1505 to 1630														
	EMS 13	0900 to 1010					1025 to 1135					1145 to 1245					LUNCH/ L4 EC(2) online					L5 1340 to 1455																			
THUR SDAY	EC	5					3					1					6					4					2														
	EMS 12	L1					L2					L3					LUNCH					L4					L5					L6					L7				
	EMS 13	0900 to 1010					1025 to 1135					1145 to 1245					LUNCH					1315 to 1400					1405 to 1505					1520 to 1545					1345 to 1630				
FRIDA Y	EC	4					2					6					1					3					5														
	EMS 12	L1					L2					L3					LUNCH					L4																			
	EMS 13	0900 to 1010					1025 to 1135					1145 to 1245					LUNCH					1315 to 1425																			

Tissues



Please bring your own personal supply of tissues to school. Although we will have tissues available in school, it is better that you do not touch a box of shared tissues.

If you cough or sneeze, do so into a tissue, covering your nose and mouth, and then dispose of the tissue in the small tissue bin (there is one in each room).

Please then immediately wash your hands. If you get caught out by needing to cough or sneeze whilst a tissue is not within reach, you should cough or sneeze into your elbow instead.

Travel to and from School

By far the healthiest way for you to travel to school is under your own steam – either walking, cycling or running and we encourage you to do so, if you can.

For those that live too far away to have an active commute, we recommend that you travel in by car, if possible, but avoid the city-centre traffic by walking the final 20 minutes or so. Whether you decide to build a little exercise into your daily commute or not, please make sure you are not dropped off close to the school gates but pick a drop-off/pick-up point a few minutes away from the school.

Public transport should be your last resort. Transport is likely to become busier the closer you are to the city centre; you may decide to get off your bus or train a little earlier than normal and walk the final part of your journey.

If you use public transport we recommend that you wear a mask, please pay careful attention to our guidance in the “face mask” section of this document.

Vaccinations

All those who are 18 or over will be offered two doses of vaccination and those aged 16 or 17 will be offered at least one. We encourage you to take up your vaccination as soon as possible, for not only your own sake but also to create a barrier for transmission to others.

Visitors, including contractors

All visitors must be booked in advance and must be given the “instructions for visitors” information sheet prior to arrival (appendix D). This includes contractors, parents, University of Exeter and Exeter College staff and other people with whom we may have meetings.

Water Coolers

Water coolers are a shared resource which you must take extra care over when using. Hand sanitiser is positioned near to each water cooler. Please use it prior to touching the water cooler and again after you have used it.

Windows

Windows must be kept open whilst the building is in use. Only if driving rain makes this impossible should they be close and then reopened as soon as possible. The first person in a room each morning should open the windows.

In warm weather, windows should be wide open. In cold weather, provided doors also remain open, a moderate sized opening (10 cm) is enough; in Fermat and Wiles only one of the three large windows needs to be open, providing the doors remain open too.

In rooms with air conditioning (Bose and Tutte), adequate ventilation will exist if this is switched on without the need to open windows.

APPENDIX A: COVID 19 Case In School

If anyone develops coronavirus (COVID-19) symptoms in an education setting they must be sent home and advised to follow the staying at home guidance.

Upon notifying a member of staff that staff member must complete a 1st aid record (held at reception) and alert the School Business Manager, or if unavailable, another member of SLT. If the case is confirmed (positive PCR test), it must be recorded in the register of positive cases. The School Business manager will follow the outbreak management plan for multiple cases.

If a person is awaiting collection, they should be moved, if possible, to Nightingale. The lighting should be on to engage the ventilation system but the door to the rest of the school should remain closed. If it is not possible to isolate them, move them to an area which is at least 2 metres away from other people.

If they need to go to the bathroom while waiting to be collected, they should use the bathroom on the reception level. The bathroom should be cleaned and disinfected using standard cleaning products before being used by anyone else. Reception staff will put a notice on both the bathroom door and the door to nightingale to warn others not to enter.

If a member of staff caring for the person is unable to maintain a distance of two meters from them, that member of staff should wear a mask, as should the person with symptoms, if possible. PPE should be worn by staff caring for the person if they need to be in contact with them (e.g. delivering first aid). They must be familiar with these instructions for the safe wearing and removal of PPE: <https://www.youtube.com/watch?v=tZvXudABCg>

In an emergency, call 999 if they are seriously ill or injured or their life is at risk. Do not visit the GP, pharmacy, urgent care centre or a hospital.

If a member of staff has helped someone who was taken unwell with coronavirus (COVID-19) symptoms, they do not need to go home unless they develop symptoms themselves. They should wash their hands thoroughly for 20 seconds after any contact with someone who is unwell.





Cleaning the area with normal household disinfectant after someone with symptoms has left will reduce the risk of passing the infection on to other people. This process will be completed by cleaning staff who must be advised that a symptomatic person has been in the area.

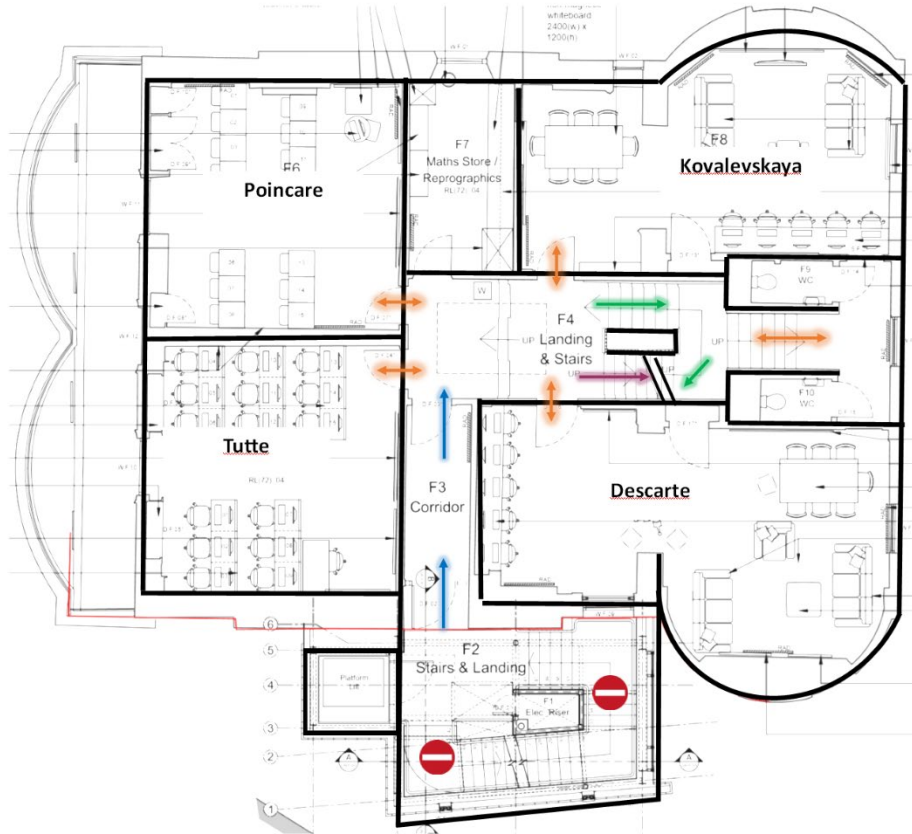
Those collecting the unwell person(s) (next of kin, Parents and guardians etc) should telephone reception on arrival. They should not be admitted to the building but wait for the unwell person to exit the building from the front door. A fresh, clean mask (available at reception) will be issued to the unwell person on leaving Nightingale; they are expected to wear this where possible, in their movement to exit the building.

APPENDIX C: ONE WAY SYSTEM







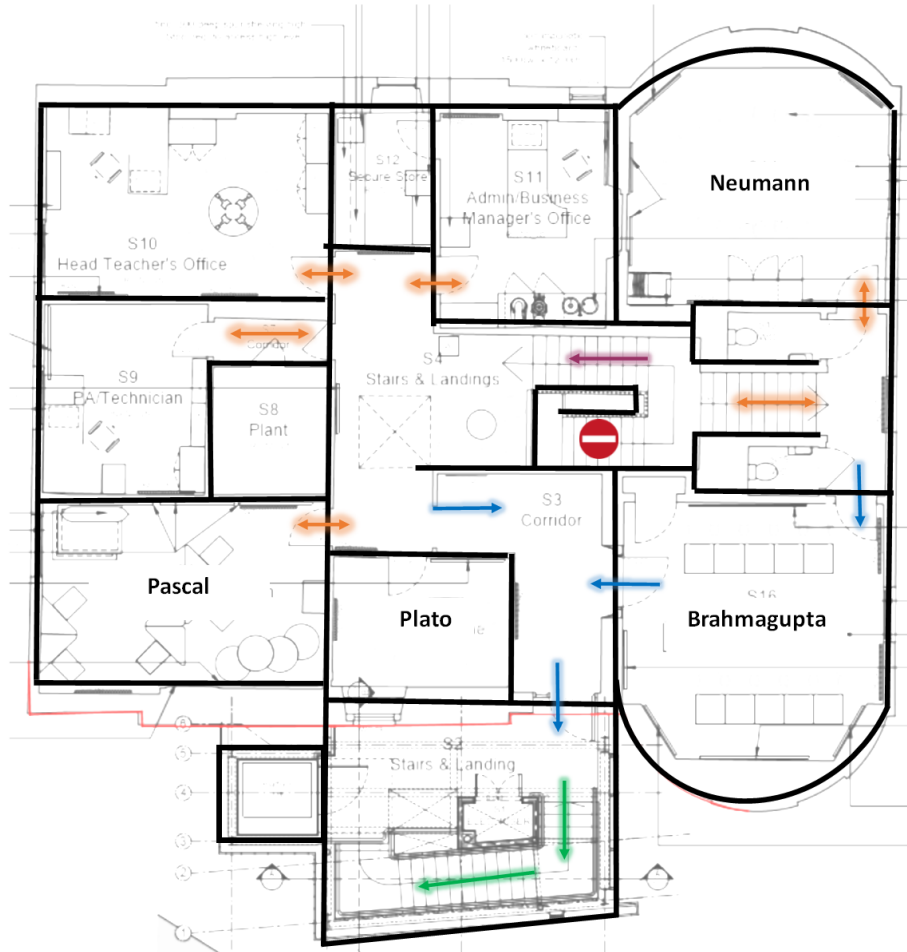
First Floor

-  One-way
-  Two-way
-  Up
-  Down



Second Floor

-  One-way
-  Two-way
-  Up
-  Down



APPENDIX D: guidance for visitors to Rougemont House (EMS) during COVID 19

This is additional information for visitors during COVID 19. It does not replace the normal safeguarding notices and method of working statement which are issued to contractors and other visitors

Arrival and Departure

When you enter the school, do so via reception. Before you enter, please remove and safely store away your gloves, if you have been wearing them.

On arrival, you will be asked to sanitise your hands.

Remove gloves → sanitise hands → enter reception

You should also wash your hands prior to leaving the building. Hand sanitiser will be available just outside the exit to enable you to sanitise after you have closed the door.

Our receptionist will sign you in and out of the building so that you do not have to touch a signing sheet that is used by others.

Lift

If you are likely to need to use the lift during your visit to the school, you must make this clear at the time of booking. It is not possible for users of the school lift to follow the one-way system. Although the lift will be cleaned at the end of each day for which it is used, it is not possible to clean it between each use within a given day. The following process must be applied when using the lift.

What you MUST do	What you must NOT do
Let the school know in advance if you have mobility issues which may require the use of the lift.	Use the lift for any reason other than mobility issues or the movement of goods.
Wash your hands before and after using the lift. If you are unable to access a sink, use the hand sanitiser which is available near the water cooler on each floor	Do not touch your face whilst using the lift or after until they are thoroughly sanitised.
Use the lift during timetabled lesson time.	Use the lift during break, lunch and immediately before or after school, when the footfall through the one-way system will be increased.

One Way System

Please pay attention to the signs in hallways, stairwells and corridors and the markings on the floors. A one-way system is in place to enable you to move safely around the building. On arrival, you will be given a map of the one-way system, please study this and make sure you understand it prior to moving through the building.

Handwashing

Handwashing is a key defence against spreading the virus to one another. Please use hand sanitiser when you first enter the school and wash your hands before and after using shared resources and after you have coughed or sneezed.

Face Masks

You are required to wear a face covering when using communal areas including reception and corridors. In a meeting, you may remove your facemask only if social distancing of 2m is possible.

APPENDIX E – Hand washing instructions

Five steps to clean hands



- 1 Wet your hands** with running lukewarm water

- 2 Lather with soap** by rubbing them together

- 3 Scrub** for at least **20 seconds**
Rubbing palm to palm
Don't forget your thumbs
In between your fingers

- 4 Rinse well** under clean, running water

- 5 Dry your hands** using a clean towel


Source: World Health Organization

DANIELA SANTAMARINA/THE WASHINGTON POST

APPENDIX F – Coronavirus – when to stay away from school

Coronavirus symptoms include:

- A new, continuous cough (coughing a lot for more than an hour OR 3 or more coughing episodes in 24 hours)
- A high temperature (chest or back is hot to touch)
- A loss or change of sense of taste or smell

Close contact includes:

- Anyone who lives in the same household as someone with coronavirus (COVID-19) symptoms or who has tested positive for coronavirus (COVID-19)
- Face to face contact including being coughed on or having a face-to-face conversation within one metre
- anyone who has had any of the following types of contact with someone who has tested positive for coronavirus (COVID-19) with a PCR or LFD test:
 - Being within one metre for one minute or longer without face-to-face contact
 - face-to-face contact including being coughed on or having a face-to-face conversation within one metre
 - Being within two metres for more than 15 minutes (either as a one-off or over the course of one day)
 - Travelling in the same vehicle or a plane

Keep in touch with the school **daily** by contacting reception either way:

- Email enquiries@exeterms.ac.uk and/or Phone 01392 429020

Situation		Actions
You have symptoms	You have not yet had a test	<ul style="list-style-type: none"> • Self-isolate – 10 full days after onset • Arrange a PCR test asap
	Your test is positive	<ul style="list-style-type: none"> • Self-isolate for 10 full days from after 1st symptoms started (Remain isolated for longer than 10 full days if your temperature remains and seek medical advice)
	Your test is negative, but you continue to have symptoms	<ul style="list-style-type: none"> • Stay at home until you feel well and for at least 2 days following any episode of diarrhoea or vomiting
	Your test is negative, and you no longer have symptoms	<ul style="list-style-type: none"> • Return to school
Someone in your household /support bubble, develops symptoms or someone you had close contact with, develops symptoms OR tests positive for COVID-19	They have not had a test or their test is negative	<ul style="list-style-type: none"> • Continue to attend school • Be vigilant to maintain social distancing • Be alert to developing symptoms
	Their test is positive	<ul style="list-style-type: none"> • Attend school unless you are over 18 years and 6 months and not had both vaccine doses, in this situation you must self-isolate for 10 full days • Arrange a PCR test and limit your interactions wherever possible with others • Reduce contacts wherever possible
	You are contacted by NHS Test and Trace service	<ul style="list-style-type: none"> • Self-isolate – as directed
You have tested positive for COVID-19 following a Lateral Flow Test (LFT)		<ul style="list-style-type: none"> • Self-isolate immediately – 10 full days starting from the day of the test • Arrange a PCR test asap and at the latest within 48 hours of the positive test result • Only return from self-isolation earlier than 10 days if directed by the NHS Test and Trace service to do so

APPENDIX H: Additional Guidance for Boarding

The approach we are taking is to carefully balance the need to protect staff, students and their families from COVID-19 whilst maintaining a healthy living environment for students.

We will keep all our plans under review and adapt them in light of emerging advice, updated risk assessments and student and staff needs.

The shape of the boarding week:

Monday:

Arrival between 0900 and 1045, or store bags in school
Access from 4pm

Tuesday:

Depart before 9am
Access from 4pm

Wednesday:

Depart before 9am
Access from 4pm

Thursday:

Depart before 9am
Access from 4pm

Friday:

Depart before 9am
No access in the afternoon – store bags in school.

Additional cleaning

On arrival to Molly Hayes, hand sanitiser must be used. Students and staff must wash their hands before and after using shared areas such as the kitchen in Molly Hayes.

Residential staff will clean the shared kitchen facilities each evening in preparation for use the following morning. They will also clean frequently touched surfaces such as light switches and door handles to communal rooms. Students must all be in their rooms by 10pm to enable staff to have time to complete these tasks before lights out.

During waking hours, doors will be propped open to reduce the number of people touching surfaces. Bins will be emptied frequently, and spare tissues will be provided in communal areas for those who forget to bring their own.

Students are expected to keep their rooms clean and will be provided with appropriate products to do so (antibacterial cleaner, vacuum cleaners etc). Staff will support this more actively than in the past: room inspections will enable them to identify those who need additional support to be able to take care of their room.

Developing symptoms whilst at school or Molly Hayes

If anyone develops symptoms during the working week, they will be required to self-isolate and we will contact Public Health England (PHE) and follow their instructions.

When we contact PHE we will share information such as seating plans, class bubbles, accommodation bubble and room plans. It's important that you remain in the bubbles we have allocated to ensure that this information is accurate.

We are likely to be advised to do one of the following:

1. Students in the household bubble are kept isolated for 48 hours
2. Students in the household bubble are sent home to isolate for 48 hours

Whilst the advice may be different, it's important that we are prepared for both of the above situations. Families must be prepared to come to school to collect students from accommodation at any point throughout the week. If for any reason, they will not be available, they must arrange for an alternative responsible person to be available and let the school know who that is in advance.

The school will draw up a contingency plan for the case of needing to isolate a group of students in accommodation throughout Friday and Saturday. This will include ensuring they are able to access learning remotely and are adequately supervised and supported by members of staff.

Further Precautions

It is still wise to take some precautions so windows will be kept open (whenever possible) whilst the building is in use to improve ventilation and hand-hygiene and use of tissue bins will remain.

No visitors will be permitted in Molly Hayes or Rougemont House during residential time. If parents or friends of residential students wish to meet up with them, they will need to do so off site. This includes other EMS students.

Students and members of staff must only use their own bathroom and toilet. Although students can socialise with other friends whilst in their room, the friends must not use their toilet and must return to their own room for a comfort break.

Travelling home when there is a confirmed or suspected case

Public transport must be avoided if a member of your household/bubble has COVID-19 or has COVID-19 symptoms. In either case, it is likely that residential staff will contact parents to arrange for students to be collected from accommodation and taken home.

We will always let parents know as soon as we have students isolating at Molly Hayes but may not be able to confirm that collection will be required until Friday, particularly if we are awaiting the outcome of a test. It is therefore important that we always have a number we can contact a parent or guardian on whilst students are in accommodation.